University of Pittsburgh Drug-Free Schools Annual Notification

To implement its commitment to provide a drug-free environment for its students, faculty, and staff, the University of Pittsburgh prohibits the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance on University property or as part of any University activity. Faculty, staff, and students of the University must also comply with Commonwealth of Pennsylvania law on the possession and consumption of alcohol and other drugs. Any University employee paid from federally funded grants or contracts, or any student participating in any federally funded or guaranteed Student Loan Program, must notify the University of any criminal drug statute conviction for a violation occurring at the University or while engaged in University activities. Upon request, the Associate Vice Chancellor for Human Resources must provide a copy of this notification to the Secretary of Education and members of the general public.

Drug-Free Schools and Communities Act of 1989

The Drug-Free Schools and Communities Act requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education, state educational agency, or local educational agency must certify that it has adopted and implemented a program to prevent the possession, use, or distribution of illicit drugs and alcohol by students and employees. As set forth in the statute, the University of Pittsburgh’s program is required to provide at a minimum:

a. An annual distribution, in writing, to each employee and student (regardless of the length of the student’s program of study), including:
   i. Standards of conduct that clearly prohibit, at a minimum, unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;
   ii. A description of applicable legal sanctions under local, state, or federal law;
   iii. A description of health risks associated with the use of illicit drugs and the abuse of alcohol;
   iv. A description of available drug or alcohol counseling, treatment, or rehabilitation or re-entry programs;
   v. A clear statement of the disciplinary sanctions that the University may impose on students and employees; and,

b. A biennial review by the University of its programs to determine the program’s effectiveness, implement needed changes, and help ensure that disciplinary sanctions are consistently enforced.

Student Sanctions – Alcohol and Drugs

Students charged under the Student Code of Conduct (Code) for the possession and/or consumption of alcohol or drugs will face disciplinary sanctions including, but not limited to, disciplinary reprimand, educational programs, community service, housing probation, disciplinary probation, and fines. A notification will be sent to the parent(s) or legal guardian(s) of students who are under the age of 21 that are found to be responsible for violating the University’s alcohol and/or drug policies.
Students whose use of alcohol or drugs that results in harm or the threat of harm to themselves or others, or to property, whether on or off campus, may face disciplinary action by the University up to and including dismissal. An accumulation of violations may lead to disciplinary suspension, or even dismissal, when appropriate.

As members of the University community, students are also subject to city ordinances and to state and federal law. Arrest and prosecution for alleged violations of criminal law or city ordinances may result from an incident that may also violate the University’s Code, and thus, there may be times when a student must address alleged violations through both the criminal and University processes.

**Commonly Imposed Sanctions For Student Code of Conduct Alcohol or Drug Violations:**

<table>
<thead>
<tr>
<th>Policy Violation</th>
<th>Typical Sanctions - 1st Offense</th>
<th>Typical Sanctions – 2nd Offense</th>
</tr>
</thead>
<tbody>
<tr>
<td>Possession and/or Consumption of Alcohol under the age of 21</td>
<td>Reprimand, Housing Probation if Hosting, Educational Program(s), Fine</td>
<td>Possible Housing and/or Disciplinary Probation, Substance Abuse Assessment, Community Service, Educational Program(s), Fine</td>
</tr>
<tr>
<td>Public Intoxication (Over 21)</td>
<td>Reprimand, Educational Program(s), Community Service</td>
<td>Disciplinary Probation, Community Service</td>
</tr>
<tr>
<td>Possession and/or consumption of Marijuana and/or possession of paraphernalia</td>
<td>Housing and/or Disciplinary Probation, Educational Program(s), Community Service</td>
<td>Housing and/or Disciplinary Probation, Substance Abuse Assessment, Community Service, Educational Program(s), Fine</td>
</tr>
<tr>
<td>Possession of large quantity of marijuana OR Possession and/or Consumption of Any Amount of Illicit Drugs (Cocaine, PCP, etc.)</td>
<td>Disciplinary Probation, Substance Abuse Assessment, Potential Suspension</td>
<td>Suspension or Dismissal</td>
</tr>
<tr>
<td>Supplying Marijuana or Another Controlled Substance To Another Person</td>
<td>Disciplinary Probation, Substance Abuse Assessment, Fine, Potential Suspension</td>
<td>Suspension or Dismissal</td>
</tr>
</tbody>
</table>

**Medical Amnesty**

The University of Pittsburgh’s primary concern is for the health, safety, and well-being of students. All students are expected to seek immediate assistance for themselves or others in
situations where someone is experiencing an emergency due to alcohol or other drug use. In situations where emergency assistance is requested, Medical Amnesty in the Code may apply. Medical Amnesty covers both the caller and the individual(s) experiencing the emergency. Students must meet certain conditions in order for Medical Amnesty to apply. Please see the Medical Amnesty section of Code for full details.

Social Impact

Alcohol and drug abuse is a public health issue that poses serious consequences. Substance abuse not only creates the potential for personal issues, but also may impact relationships with employers, co-workers, peers, and society in general. Such substance abuse is an issue that can affect anyone, regardless of age, race, gender, socio-economic status, or occupation. Over 1,800 college students between the ages of 18 and 24 die from alcohol-related, unintended injuries each year. Substance use is also associated with a decrease in educational outcomes for those who misuse substances, including academic problems, lower grades, and reduced graduation rates. Among students, substance use also increases the risk of injury, violence, and legal issues.

Alcohol and marijuana continue to be choice drugs among college students nationally. Of full-time college students, 4.6% percent reported daily marijuana use. Nearly 60% of college students reported consuming alcohol in the prior month and nearly 2 out of 3 of these students had engaged in binge drinking at least once during that time period. Despite the attention placed on alcohol and other drug use on college campuses in the media, surveys support that most Pitt students who consume alcohol do so in responsible ways, if they make the decision to drink at all.

Health Effects

Substance use can contribute to a number of problems, including those that impact one’s health and wellness. These problems can include both short-term and long-term effects, as well as direct and indirect effects. Possible impacts may include, but are not limited to, developing a substance abuse disorder, organ damage, increased risk of accidents, triggering or worsening psychiatric conditions, and risk of health complications that can be worsened by mixing drugs or medications. Misusing substances poses potential risks including:

<table>
<thead>
<tr>
<th>Substance</th>
<th>Possible impacts include:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>Lowered inhibitions; impaired judgment, reaction, and coordination; distortion of vision and hearing; blackouts; increased risk of injury; damage to organs including the liver and neurological system; unconsciousness; coma; risk overdose and death; addiction</td>
</tr>
<tr>
<td>Amphetamines</td>
<td>Increased heart rate, respiration rate, and blood pressure; loss of appetite; hallucinations; psychosis; restlessness; irritability; anxiety; addiction</td>
</tr>
<tr>
<td>Drug Type</td>
<td>Common Side Effects</td>
</tr>
<tr>
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</tr>
<tr>
<td>Tranquilizers and benzodiazepines (such as Xanax)</td>
<td>Slurred speech; dizziness; decreased motor control; memory issues; risk of seizure (withdrawal); possible psychosis; depression; risk of overdose and death; addiction</td>
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<tr>
<td>Club drugs (MDMA or “ecstasy”, GHB)</td>
<td>Lowered inhibitions; decreased heart rate; muscle spasms; confusion; risk of addiction; memory loss; organ failure; seizures; death</td>
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<tr>
<td>Cocaine</td>
<td>Increased blood pressure, respiration rate, and heart rate; anxiety; paranoia; hallucinations; hostility; convulsions; sleep disturbance; seizure; heart attack; stroke; organ damage; death; addiction</td>
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<tr>
<td>Ketamine</td>
<td>Hallucinations; impaired memory; impaired attention; impaired motor function; high blood pressure; depression; convulsions; confusion; muscle rigidity; addiction</td>
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<tr>
<td>LSD (“Acid”)</td>
<td>Changes in blood pressure, heart rate, and body temperature; insomnia; tremors; changes in visual acuity; mood changes; panic/anxiety; psychosis; addiction</td>
</tr>
<tr>
<td>Marijuana (including edibles, concentrates, wax, etc.)</td>
<td>Sensory distortion; lowered inhibitions; impaired judgement, coordination, and motor movements; anxiety; paranoia; respiratory ailments; depression of immune system; increased risk of lung cancer, if smoked; negative impacts on memory and motivation; changes in personality; addiction</td>
</tr>
<tr>
<td>Opiates (Heroin, morphine, prescription pain killers including Fentanyl, Codeine, Percocet, etc.)</td>
<td>Flushing of skin; dry mouth; slowed breathing; muscular weakness; loss of appetite; lethargy; weakened immune system; organ damage; pulmonary complications; coma; death; addiction</td>
</tr>
<tr>
<td>PCP</td>
<td>Memory loss; difficulty with speech; depression; numbness; decreased respiration; decreased coordination; psychotic behaviors; nausea; delusions; paranoia; violent outbursts; addiction</td>
</tr>
<tr>
<td>Psilocybin (“Mushrooms”)</td>
<td>Nausea; distorted perceptions; paranoia; anxiety; confusion; memory loss; shortened attention spans; flashbacks</td>
</tr>
<tr>
<td>Steroids</td>
<td>Increased acne and oily skin; increased blood pressure; cholesterol imbalance; excess hair growth; premature fusions of long bones; atrophy of reproductive organs; fertility issues/impotence; stroke; heart failure; organ damage; addiction</td>
</tr>
</tbody>
</table>
For more information on the effects of substance use, please visit the Drug Enforcement Agency website at https://www.dea.gov/druginfo/factsheets.shtml

For more information about Fentanyl and its effects, please visit the Drug Enforcement Agency website at https://www.dea.gov/druginfo/fentanyl-faq.shtml

In addition to complying with state and federal statutes and regulations, the University has a desire to identify and control, to the extent possible, environmental factors that influence the health and safety of members of the academic community. These factors include efforts to prevent and minimize possible problems related to alcohol and other drug use.

**Prevention and Education**

The University will provide students with resources and programs that focus on the danger of drug and alcohol abuse, as well as the possible reprimand and sanctions that may follow when an alcohol or drug policy or law violation occurs. The University will also distribute literature informing employees of the dangers of drug abuse in the work place, and provide information on available services including counseling, rehabilitation, and employee assistance programs.

Students are expected to be familiar with the rules and regulations as outlined in the *Code* as it relates to alcohol and other drugs. The applicable legal sanctions under federal, state, and/or local laws include, but are not limited to a monetary fine, suspension of driver’s license, imprisonment, community service, counseling/treatment, and/or completion of a mandatory education program.

Alcohol and other drug programs on the University of Pittsburgh campus are delivered through three levels of prevention programming: primary, secondary, and tertiary prevention.

- **Primary prevention** is directed towards the entire campus population regardless of their decision to use or not use alcohol or other illicit drugs. The University’s programs incorporate materials on responsible decision-making and lifestyle choices. Efforts are directed toward creating a supportive campus environment that encourages students to not use illicit drugs, and to use alcohol in a legal and responsible manner. Programs are aimed at preventing the misuse or abuse of substances.

- **Secondary prevention** is designed to identify and assist students who exhibit possible problematic substance use and who are suitable for brief intervention strategies.

- **Tertiary prevention** is focused on assisting students who may have a substance abuse issue and includes aiding these students in their treatment, relapse prevention, recovery, and maintenance of their recovery.

The Student Health Service Office of Health Education and Promotion offers a variety of services and programs to encourage positive health behaviors among the student population. Throughout the year, there are outreach events and programs provided to the campus community on health topics, including alcohol and drug use.
In addition to these efforts, The Office of Health Education and Promotion also offers education classes on alcohol and marijuana. These programs meet requirements for sanctioned education programs as part of a violation, but students may elect to participate voluntarily. These programs are designed to explore decision-making and to reduce problems associated with the misuse of alcohol or marijuana through educational modules, homework, and meeting(s) with a facilitator. For additional information, please visit the Office of Health Education and Promotion’s website at: https://www.studentaffairs.pitt.edu/shs/education/ or by calling 412-383-1830.

**Program Administration**

For further information regarding the Drug-Free Workplace/Drug-Free Schools Policy contact:

University of Pittsburgh - Pittsburgh Campus
- Office of Human Resources 412-624-8030
- Office of Student Affairs 412-648-1006

University of Pittsburgh at Bradford
- Office of Human Resources 814-362-7531
- Office of Student Affairs 814-362-7651

University of Pittsburgh at Greensburg
- Office of Human Resources 724-836-9902
- Office of Student Services 724-836-9916

University of Pittsburgh at Johnstown
- Office of Human Resources 814-269-7030
- Office of Student Conduct 814-269-7133

University of Pittsburgh at Titusville
- Office of Human Resources 814-827-4422
- Office of Student Affairs 814-827-4460

**Information and Assistance for Alcohol or Drug Abuse -- Pittsburgh Campus**

An important step in overcoming any problem is to know where to turn for assistance. Information, counseling, and treatment for alcohol or drug problems are available through resources in the community and costs may be covered by health care benefits. Some of the resources include:

- Student Health Service
  - Mark A. Nordenberg Hall, Suite 119
  - 111 University Place
  - Pittsburgh, PA 15260
  - 412-383-1800

- University Counseling Center
  - Mark A. Nordenberg Hall, Suite 119
  - 111 University Place
  - Pittsburgh, PA 15260
The Office of Health Education and Promotion in the Student Health Service offers a variety of services to enhance personal and community health along with informative materials that encourage healthy lifestyles. The harm that often results from substance abuse is of great concern to our campus community; therefore, many prevention and intervention programs are available to students throughout their college years. In addition to the educational programs provided to Freshman Studies classes, fraternities and sororities, and other campus groups, educational intervention programs, Personal Education, Assistance and Referral (PEAR) and Marijuana 101, are offered to students.

The PEAR program and Marijuana 101 are designed to reduce the problems associated with alcohol and other drug abuse among students. Although any student may attend the PEAR program and Marijuana 101, most students are referred to the program as one of the sanctions for violating the University alcohol and other drug policies. PEAR and Marijuana 101 are each a 3-week class and include the completion of educational modules and an individual assessment with the instructor. The program coordinator can be reached at 412-383-1830. Additional information about the PEAR and Marijuana courses can be found by visiting the Office of Health Education and Promotion’s website www.studentaffairs.pitt.edu/shs/education.

Mental health professionals are available to help students with any personal problems or concerns. People come to the center for a wide variety of reasons: personal problems involving relations with parents or peers, emotional or social difficulties, marital conflicts, concerns about academic progress, etc. A certified drug and alcohol counselor is on staff and psychiatric consultation is also available. Confidentiality is strictly maintained.
The center is open from 8:30 a.m. to 5 p.m. Monday through Friday and Monday and Thursday evenings from 5 p.m. to 8:30 p.m. During the summer semester, the center is open from 8:30 a.m. to 5 p.m. Monday through Friday. For after-hours crisis response, call 412-648-7930. There is no charge for counseling services at the University Counseling Center.

For information or appointments, call 412-648-7930 or visit the Wellness Center, 119 Mark A. Nordenberg Hall.

Students/Employees at regional campuses who desire referral should contact the appropriate office listed under “Program Administration.”

Information and Assistance for Alcohol or Drug Abuse -- Pittsburgh Campus

Office of Health and Counseling Services
G-4 Student Union
450 School House RD
Johnstown PA, 15904
814-269-7119
OHCS@pitt.edu

Drug and Alcohol Helpline
814-269-7111

Outside Resources

Cambria County Drug and Alcohol Program, located on Franklin St. in Johnstown, is a good resource to check out first as it provides information regarding local area drug and alcohol providers. To contact Cambria County Drug and Alcohol Program, you may dial 814-536-5388.

Conemaugh Health Systems New Visions Chemical Dependency Program, located at the Memorial Medical Center’s Lee Campus in Johnstown, provides education, evaluation treatment and support to teens and adults struggling with drug and/or alcohol dependency. Outpatient services are available as well as group support and an array of community education programs. To contact New Visions Chemical Dependency Program, you may call 814-534-1627.

Recovery Resources, located at Gazebo Park in Johnstown, provides a complete assessment of an individual who may be experiencing substance abuse problems, development of an individualized treatment protocol, and provide individual, group, and family therapy in a non-residential setting. To contact Recovery Resources, you may call 814-535-8830.

Alcoholics Anonymous has 2 locations; one in Johnstown, PA and one in Somerset, PA. This resource provides support and fellowship to those individuals who make a commitment to stop drinking and live a sober lifestyle. To contact Alcoholics Anonymous, 814-533-5907.
Federal Drug Laws

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction. For more information on Federal Drug Laws, please visit the Drug Enforcement Agency website using the following links:

DEA Controlled Substances Act: https://www.deadiversion.usdoj.gov/21cfr/21usc/index.html
DEA Drug Scheduling: https://www.dea.gov/druginfo/ds.shtml

Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs may have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility may regain eligibility by successfully completing an approved drug rehabilitation program.

Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation, including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on charges that may result in forfeiture.

Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. The following list is a sample of the range and severity of federal penalties imposed for first convictions. Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to $8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a University (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

**Federal Drug Possession Penalties (21 USC 844)**

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than $1,000 up to a maximum of $100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of $2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of $5,000. Possession of drug paraphernalia is punishable by a minimum fine of $750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to $250,000, or both if:

A. It is a first conviction and the amount of crack possessed exceeds 5 grams;  
B. It is a second conviction and the amount of crack possessed exceeds 3 grams;  
C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to $10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

**Commonly Cited Pennsylvania and City of Pittsburgh Alcohol and Drug Penalties**

<table>
<thead>
<tr>
<th>PA State Violations</th>
<th>Imprisonment (1st Offense)</th>
<th>Fine/Sanction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Underage drinking or Possession of alcohol</td>
<td>0 to 90 days</td>
<td>Suspension of driver’s license and/or up to $500</td>
</tr>
<tr>
<td>Fake IDs used to obtain alcohol</td>
<td>0 to 90 days</td>
<td>Suspension of driver’s license and/or up to $500</td>
</tr>
<tr>
<td>Marijuana possession 30 grams or less</td>
<td>0 days</td>
<td>$500</td>
</tr>
<tr>
<td>Marijuana possession Over 30 grams</td>
<td>up to 1 year</td>
<td>$5000</td>
</tr>
<tr>
<td>Manufacturing or selling marijuana and other controlled substances</td>
<td>1 to 10 years</td>
<td>$5,000 or more</td>
</tr>
<tr>
<td>Public Drunkenness and similar Misconduct</td>
<td>0 to 90 days</td>
<td>$500/1st offense $1000/2nd offense</td>
</tr>
<tr>
<td>Selling or Furnishing liquor or Malt Or Brewed Beverages to Minors</td>
<td>Misdemeanor 3</td>
<td>Minimum $1000/1st offense Minimum $2500/2nd offense</td>
</tr>
</tbody>
</table>
Minor (less than 21) Operating a Motor Vehicle with any Alcohol in their System

0 to 90 days  $100

For information regarding Driving Under the Influence, please see the Department of Motor Vehicles website at https://www.dmv.pa.gov/Information-Centers/Laws-Regulations/Pages/DUI-Legislation.aspx

<table>
<thead>
<tr>
<th>City of Pittsburgh Ordinance Violations</th>
<th>Summary Citation</th>
<th>City Ordinance/Fine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Possession of a Small Amount Marijuana/Smoking</td>
<td>Fine</td>
<td>$25 to $100</td>
</tr>
<tr>
<td>Public Urination and Defecation</td>
<td>Fine</td>
<td>$500/$1000</td>
</tr>
<tr>
<td>Alcohol Consumption in Public</td>
<td>Fine</td>
<td>Up to $300</td>
</tr>
</tbody>
</table>