

August 11, 2020

Hello!

With only two weeks remaining until everybody is back on campus, we wanted to pass along some important dining reminders:

Special Dietary Needs: If a food allergy/intolerance, religious beliefs, or medical condition, requires you to follow a specific diet, please remember to let us know. Our culinary team will work with you to develop meals to accommodate your needs. You can find more information on our website at: <https://dineoncampus.com/upj/dietary-management>

Meal Plan Changes: You can change your meal plan through the third day of the semester. To request a change, please visit the Johnstown Campus Housing & Dining Services task center on the Pitt Portal (my.pitt.edu). The system is configured to permit one meal plan change per student. If you have already changed your meal plan and wish to change it again, simply send an email to upjmeals@pitt.edu (from your Pitt email account) and let us know which meal plan you wish to select. Please also include your student ID number in the email. We have made arrangements for your meal plans to be available beginning with the evening meal on Monday, August 23 to accommodate those of you who are arriving early.

Full Operations: Now that we are returning to a more normal campus environment, all of the food stations in PJ's (dining hall) will be fully operational!

- **G-8** – Delicious meals made without the eight major allergens (peanuts, tree nuts, eggs, fish, shellfish, milk, wheat, and soy) and gluten.
- **Fresh 52** – Full-service salad and deli bar featuring seasonal fruits and vegetables.
- **Innovate** – Creative culinary creations made-to-order from a variety of ethnic cultures.
- **500 Degrees** – A tempting selection of tasty items including pizza, pasta, and calzones.
- **The Kitchen** – The place for classic comfort foods featuring carved meat, fresh fish and shellfish, seasonal potatoes, and side dishes.
- **Rooted** – An entire plant-based menu with made-to-order vegetarian and vegan options. The station also features plant-based proteins including rice and beans, quinoa, tofu, seitan, and tempeh.
- **The Nook** – A “come and go as you please,” experience featuring fresh-made sweets and treats.

All of our retail locations (Daily Grind, Pitt Stop, and the Tuck Shop featuring Freshens, TuTaco, Grill 27, and Subway) will all be open beginning August 26!

If you ever have any questions regarding campus dining, don't hesitate to contact us at upjmeals@pitt.edu. Don't forget to download the Dine on Campus app for the latest information on menus, nutritional information, hours of operation and more. You can also use the app to create a confidential profile based on any special dietary needs you might have. And, online ordering from any of our retail locations (Tuck Shop, Pitt Stop, and Daily Grind) can be done with the free Boost app!

Enjoy the rest of your summer, and we look forward to seeing you soon!

Your Dining Services Team