The following items are eligible for meal exchanges. A meal exchange must be ordered in advance via the Boost app.

**DAILY GRIND (includes coffee)**
Monday-Friday: 8:30 a.m.-3 p.m. (Closed Weekends)
- Croissant (butter or chocolate)
- Blueberry muffin
- Chocolate brownie
- Scone or cookie

**TUCK SHOP**

**FRESHENS (includes fountain beverage)**
Monday-Friday, 11 a.m.-7 p.m. (closed weekends)
- Rice bowl

**GRILL 27 (includes chips and fountain beverage)**
Daily: 11 a.m.-7 p.m.
- Single cheeseburger
- Veggie burger
- Chicken tenders

**SUBWAY (Exchange not available)**

**TSO GOOD (includes fountain beverage)**
Monday-Friday, 11 a.m.-7 p.m. (closed weekends)
- Rice or noodle bowl and drink

**PITT STOP (includes fruit and beverage)**
Monday-Friday: 8 a.m.-2 p.m.; Weekends: 10 a.m.-2 p.m.
- Turkey, bacon & cheddar sandwich
- Ham, Swiss & maple mustard sandwich
- Club stack sandwich
- Margarita fresca panini sandwich
- Sunrise breakfast sandwich
- Egg & cheese breakfast sandwich
- Maple ham breakfast sandwich
- Bacon, egg & cheese muffin
- Soup

**PIZZA PITT (includes fruit, cookie, and fountain beverage)**
Daily: 7 p.m.-Midnight
- 7-inch pizza (meat fanatic, veggie fanatic, pepperoni, or cheese)
- Meatball sub
- Casserette (penne marinara, manicotti, buffalo mac & cheese, mac & cheese)

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*Meal exchange items and hours of operation are subject to change.*