Meal Exchange Menu
Fall 2023 and Spring 2024

One meal exchange can be used during each meal period: breakfast – 7:30-11 a.m.; lunch: 11 a.m.-4 p.m.; dinner – 4-7 p.m.; and late-night – 7 p.m.-midnight. Meal exchanges must be ordered in advance via the Boost app. No substitutions can be made.

DAILY GRIND (includes fruit and regular coffee, iced coffee, or hot cocoa)
Monday-Friday: 8 a.m.-3 p.m. (closed weekends)
- Croissant (butter or chocolate)
- Cinnamon roll
- Chocolate brownie
- Scone or cookie

TUCK SHOP
FRESHENS (includes fountain beverage)
Monday-Friday, 11 a.m.-7 p.m. (closed weekends)
- Thai Chicken Bowl
- Buffalow Bowl
- KC BBQ Bowl
- Meatless Mexican Bowl

GRILL 27 (includes small chips and fountain beverage)
Daily: 11 a.m.-7 p.m.
- Cheeseburger or Veggie Burger
- Quarter Pound Hot Dog
- Grilled Cheese
- Popcorn chicken
- 6” sub (ham or turkey)

TSO GOOD (includes fountain beverage)
Monday-Friday, 11 a.m.-7 p.m. (closed weekends)
- Build-Your-Own (BYO) Chicken Stir Fry
- BYO Crispy Chicken Stir Fry
- BYO Beef Stir Fry
- BYO Pork Stir Fry
- BYO Shrimp Stir Fry
- BYO Tofu Stir Fry

PITT STOP (includes fruit and beverage)
Monday-Friday: 7:30 a.m.-1:30 p.m. (closed weekends)
Breakfast Period (7:30-11 a.m.):
- Egg Sandwich w/ Cheese on an English Muffin and fruit
- Egg Sandwich w/ Cheese and Meat and fruit
- French Toast Sticks w/ Maple Syrup and fruit
- Lunch Period (11 a.m.-1:30 p.m.):
- Macaroni & Cheese
- Turkey, Bacon & Cheddar Sandwich and chips
- Ham, Swiss & Maple Sandwich and chips
- Margarita Fresca Sandwich and chips

PIZZA PITT (includes fountain beverage)
Daily: 7 p.m.-Midnight
- Individual cheese pizza
- Single-topping individual pizza
- Fill your salad bowl
- Mac & cheese or buffalo mac & cheese
- Fettuccini Alfredo
- Cheeseburger and small chips
- Meatball sub and small chips

Meal exchange items and hours of operation are subject to change.