

Spring 2023 Meal Exchange:

Daily, 7 p.m.-midnight

Pizza Pitt



7-inch pizza (meat fanatic, veggie fanatic, pepperoni, or cheese) or cheesy bread sticks

Subs & Salads:
Meatball sub, Eggplant parmesan sub, or Caesar salad

Casserette (penne marinara, fettuccini alfredo, manicotti, buffalo mac & cheese, mac & cheese)

Meal exchange includes fruit, cookie, and drink

Spring 2023 Meal Exchange:

M-F, 11 a.m.-8 p.m.; Weekends 2-8 p.m.

Tso Good (Tuck Shop)



Rice or
noodle bowl

w/ choice of
5 proteins

w/ choice of
4 sauces

w/ choice of
11 toppings

Meal exchange includes drink

Spring 2023 Meal Exchange:

M-F, 8 a.m.-2 p.m.; Weekends 10 a.m-4 p.m.

Pitt Stop



Turkey, bacon
& cheddar
sandwich

Ham, Swiss &
maple mustard
sandwich

Club stack
sandwich

Margarita
fresca panini
sandwich

Sunrise
breakfast
sandwich

Egg & cheese
breakfast
sandwich

Maple ham
breakfast
sandwich

Bacon, egg &
cheese
muffin

Meal exchange includes fruit, cookie, and drink

Spring 2023 Meal Exchange:

M-F, 8:30 a.m.-3 p.m.

The Daily Grind



Croissant
(butter or
chocolate)

Blueberry
muffin

Chocolate
brownie

Scone or
Cookie

Meal exchange includes coffee

