

International Students

Mandatory Health Insurance Requirements

It is the policy of the University of Pittsburgh that all international students **must** carry USA medical health insurance for every term they are enrolled at the University. The international student has the option to purchase the UPMC Health Plan or provide evidence of private health insurance coverage.

Enrollment and payment of the medical, dental, and vision insurances is done through the Pitt Portal.

- Log on to the Pitt Portal
- Go to my.pitt.edu
- Enter your University username and password
- Select the My Resources tab
- Select Student Health Insurance on the drop down menu
- Select Student Health Insurance on the “My Pitt” page and continue through the online enrollment and payment process.

Payment can be made on a monthly, recurring basis or a one-time, annual payment via a credit or debit card.

Important Notes:

For questions regarding enrollment or payment of all the insurance programs (medical, dental, and vision) contact UPMC Health Plan Member Services at **1-888-499-6885**.

The Office of Health and Counseling Services does NOT handle health insurance. Please direct all questions and concerns regarding health insurance to the above number.

- All coverages are effective September 1 of the current academic year, if you enroll timely.
- The enrollment deadline is Sept. 30 of the current academic year.