Student Health Insurance

Medical insurance coverage is not mandatory for all students, but it is highly recommended. The Office of Health and Counseling Services is committed to providing quality health care for students with health problems or injuries. However, there may be a time when off-campus medical treatment or emergency care is needed.

The University of Pittsburgh has negotiated with the UPMC Health Plan to offer a comprehensive and affordable health insurance plan for all enrolled students. We encourage all students to consider the UPMC Health Plan if they do not have medical coverage as a means to be protected against unexpected or unforeseen medical events.

For questions regarding enrollment or payment of all the insurance programs (medical, dental, and vision) contact UPMC Health Plan Member Services at **1-888-499-6885**.

Enrollment and payment of the medical, dental, and vision insurances is done through the Pitt Portal.

- Log on to the Pitt Portal
- Go to my.pitt.edu
- Enter your University username and password
- Select the My Resources tab
- Select Student Health Insurance on the drop down menu
- Select Student Health Insurance on the "My Pitt" page and continue through the online enrollment and payment process.

Payment can be made on a monthly, recurring basis or a one-time, annual payment via a credit or debit card.

Important Notes:

For questions regarding enrollment or payment of all the insurance programs (medical, dental, and vision) contact UPMC Health Plan Member Services at **1-888-499-6885**.

The Office of Health and Counseling Services does NOT handle health insurance. Please direct all questions and concerns regarding health insurance to the above number.

- All coverages are effective September 1st of the current academic year, if you enroll timely.
- The enrollment deadline is Sept. 30th of the current academic year.