

## **International Students Mandatory Health Insurance Requirements**

It is the policy of the University of Pittsburgh that all international student **MUST** carry **USA** medical health insurance **FOR EVERY TERM** they are enrolled at the University.

International students are required to attest to having other United States-based medical insurance coverage or enroll in a University-sponsored program.

To attest to other coverage, an Acknowledgement or Insurance Coverage must be submitted. You will need the insurance company's name, address, and telephone number; the policy or group number; the effective date of coverage; and confirmation that the insurance meets the minimum coverage requirement.

**International students must submit their attestation no later than September 30. If attestations are not submitted by September 30, a hold will be placed on your account through Pitt-Oakland.**

Enrolling in student medical, dental, and vision coverage is simple. Enrollment in coverage is handled through an online service provided by eBenefits, a division of UPMC Health Plan.

For information about your eligibility for enrolling in specific student health plans, visit "Student Health Coverage Eligibility". For information on making changes to your benefits elections, visit "Changing Your Student Health Insurance".

### How to Enroll

1. Go to [my.pitt.edu](http://my.pitt.edu).
2. Enter your Pitt username and password.
3. Select the "My Resources" tab.
4. Select "Student Health Insurance" from the drop-down menu.
5. Select "Student Health Insurance" on the "My Pitt" page and continue through the online enrollment and payment process.
  - o Payment can be made on a monthly, recurring basis via a credit or debit card or through a checking or savings account.

**IMPORTANT NOTE:** For questions regarding enrollment or payment of all insurance programs (medical, dental and vision) contact UPMC Health Plan Member Services at **1-888-499-6885**.

The Office of Health and Counseling Services does NOT handle health insurance. Please direct all questions and concerns regarding health insurance to the above number.