

# Learn-to Swim Children's Swimming Lessons

**Eligibility:** Children at least 4 years of age

**Winter Session: Jan 29-Feb 24**

(Snow Dates: 2/26, 3/3, 3/5)

**Tuesdays and Sundays**

8 classes

**Cost:** \$64 per child

**Registration:** January 10,  
5:30-6:15 pm

**Spring Session: March 19-April 9**

**Tuesdays and Sundays**

7 classes

**Cost:** \$56 per child

**Registration:** March 7,  
5:30-6:15 pm

Registration will take place in the lobby of the aquatic center.

**Credit slips will be issued for any cancelled classes.**



**Levels 1 and 2**

**Course Objectives:**

Level 1—To be comfortable and safe in and around the water

Level 2—To provide success with fundamental skills and the beginning of locomotion skills

**Levels 3 and 4**

**Course Objective:**

Level 3—To build on skills of the previous level

Level 4—To develop confidence in strokes already learned and to improve other aquatic skills

**Levels 5 and 6**

**Course Objective:**

Level 5—To coordinate and refine key strokes

Level 6—To refine strokes-smoother, more efficient more powerful strokes, to improve fitness

**Competitive**

**Course Objective:** To learn the proper techniques of the four competitive swimming strokes, racing starts and turns, and advanced aquatic skills



## Parent and Child Aquatics

**Eligibility:** Children 6 months to 4 years of age with parent/guardian participation

**February 3-April 7**

(no class 3/3, 3/10, 3/17)

**Days and Times:**

**Class:** **Sundays**, 4:45-5:15

**Practice:** **Wednesdays**, 6:15-7:00

**Cost:**

\$50 per child (community)

\$40 per child (faculty/staff)

**Registration:**

January 10, 5:30-6:15

Registration will take place in the lobby of the aquatic center.

**Credit slips will be issued for any cancelled classes.**